

This book features simple rhymes and colorful illustrations to invite young children to actively explore their bodies.

### CORE SKILL OBJECTIVES

### INTENTIONAL TEACHING PRACTICES

## REGULATE



#### Children will:

- ◆ Choose to join in activities

#### Teachers will:

- ◆ Promote active engagement

### TEACHING TIP

Young children are just beginning to develop their ability to focus and attend. This ability varies widely from moment to moment and child to child. One way to help children develop their focus and attention skills is to promote active engagement while sharing books. You can prompt children to move with characters or respond to questions to get them physically and verbally involved.

### 1. INTRODUCE

- ◆ “This book is called *All of Baby, Nose to Toes*. We are going to read all about different body parts that the baby has! As we read, let’s move with the baby!”

### 2. READ THE BOOK

- ◆ As you read, draw attention to body parts. Encourage children to listen for and move their bodies.

### Promote Active Engagement



**Read:** “Sniffs at a rose nose.”

**Ask:** “Can you use your nose to sniff like baby did?” (*Point to nose and model taking a big inhale*)

**Comment:** “I see you sniffing just like baby! You took a deep breath in (*model*) and out (*model*)!”

**Read:** “Baby’s got a tummy, a plump little tummy.”

**Ask:** “Where is your tummy? Can you pat your tummy? Ready - pat and stop (*repeat*). Pat your tummy fast! Now pat it slowly.”

**Comment:** “You found your tummy! You watched closely to see when to pat your tummy and when to stop!”

**Read:** “Baby’s got eyes, ears, and a nose, a tummy and legs and ten little toes.”

**Ask:** “So many body parts! Let’s see if we can point to our body parts as I read them again.” (*Model pointing to your own body parts with the children*)

**Comment:** “You listened and watched to see what body part came next!”

### 3. REVIEW

- ◆ “You focused on finding and using different body parts like the baby in the story!”

### 4. KEEP IT GOING

- ◆ Encourage children to get involved, think a little deeper, or focus a little longer on tasks by intentionally planning ways they can be physically or verbally involved. Consider adding movement opportunities into stories and activities. Or encourage children to think a little deeper by asking them questions that promote active exploration and engagement.