



Follow the Leader

After modeling once, give each child a chance to be the leader and lead the rest of the children in a line or circle while doing various motions. The leader can switch movements freely (e.g., go from clapping to waving their arms in the air) or you can cue them to switch (e.g., “What should we do with our hands?” or, “What *new* move should we copy?”). If children are struggling to come up with their own ideas, provide a choice of two for them to choose from.

Narrate and Label

Cognitive Flexibility

“Whoa! They switched directions quickly and you turned right with them!”

Focus and Attention

“You were interested in that ladybug for a second, but you quickly turned your focus back to our game!”