



I-Spy

Give a clue about an object (e.g., “I-Spy something that is blue,”) and challenge children to find and move to the object (e.g., hop to the blue bucket to indicate that’s their guess). Include a variety of challenging movements (e.g., run, skip, crawl, and walk backwards). If a child is finding it difficult to locate an object, consider asking a friend to help. For example, “Hmm, that was a tricky clue. Would you like (Child) to help you find something that is square?” For more support, consider providing only one- or two-step directions.

Narrate and Label

Working Memory

“I see you are repeating the word ‘blue’ over and over to help you remember that you are looking for something blue.”

“You are remembering a lot at the same time. You are thinking about what the clue was, what you think it was, *and* how to move your body to crawl backwards!”