

Follow the Leader

After modeling once, give each child a chance to be the leader and lead the rest of the children in a movement or sound. The leader can switch movements or sounds freely, or go back and forth between them (e.g., move from waving hands in the air, to clapping hands, to making a funny sound with their mouths). Encourage children to watch the leader closely and follow their movements and sounds carefully. Cue children to switch movements/sounds as necessary. If children are struggling to come up with their own ideas, provide a choice of two for them to choose from.

Promote Child Autonomy

"You almost confused us when you decided to switch from stomping your feet to humming a song!"

"I noticed that you really like to lead us with different sounds like snapping your fingers and clicking your mouth."