



Freeze

Encourage children to engage in various movements (e.g., dance, jump, run, blink, wiggle toes) and “freeze” when you call out. Wait 3-5 seconds before calling out “go” to move again.

Narrate and Label

Focus and Attention

“Wow! You are listening so closely to hear the cue!”

Managing Behaviors

“I see you holding your body very still.”